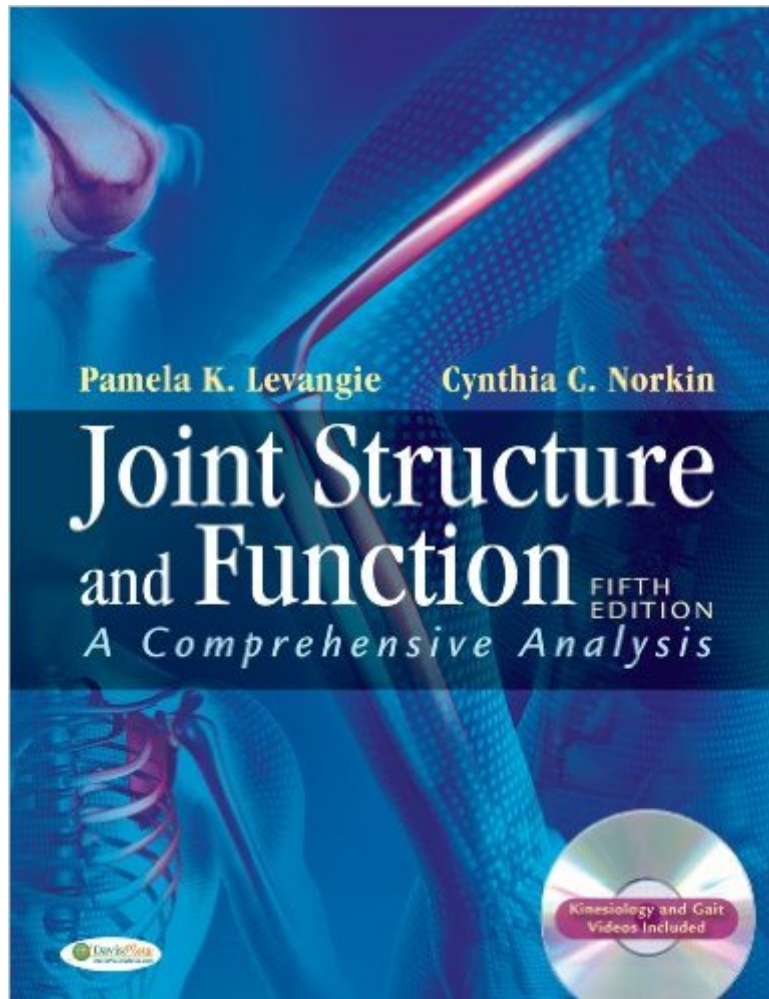


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# Joint Structure And Function: A Comprehensive Analysis Fifth Edition



## Synopsis

The perfect balance of clarity and comprehensivenessâ€”now more reader friendly and visually appealing than ever. This popular text offers the clear, logical discussions of the basic theory of joint structure and muscle action and provides the foundation you need to understand both normal and pathologic function. The 5th Edition features a dynamic new full color design, videos, and a streamlined biomechanics chapter. Thoroughly revised and updated, it incorporates the latest research findings and techniques, reflecting the textâ€™s emphasis on evidence-based practice. Also available: Kinesiology in Action Access Code Card Money-Saving Package: Joint Structure and Function, 5th Edition + Kinesiology in Action (Access Card)

## Book Information

Series: Joint Structure and Function

Hardcover: 640 pages

Publisher: F.A. Davis Company; 5 edition (March 9, 2011)

Language: English

ISBN-10: 0803623623

ISBN-13: 978-0803623620

Product Dimensions: 8.8 x 1.2 x 11.2 inches

Shipping Weight: 3.7 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars See all reviews (22 customer reviews)

Best Sellers Rank: #38,660 in Books (See Top 100 in Books) #45 in Books > Textbooks >

Medicine & Health Sciences > Allied Health Services > Physical Therapy #55 in Books > Medical Books > Allied Health Professions > Physical Therapy

## Customer Reviews

Even though this is an older book and dated, its a great book for personal trainers looking for a better understanding of Joint Structure and Function. Its straight and to the point. Not a lot of unnecessary information you might need if you were wanting to get a degree in this field.

This book is for everyone who has muscles (EVERYBODY), this is for you the regular gym enthusiasts, you who uses sports as a hobby, YOU who uses exercises as part of rehab, YOU who wants to learn how to workout and not get hurt, YOU THE ONE WHO THINKS THAT KNOWS HOW TO EXERCISES.... YOU who wants to take care of your joints and make them last over the years,

YOU the chiropractor, The physical therapist, the physiologists, massage therapists, personal trainers, YOU THE DOCTOR. This book teaches the basics of joint mechanics , most of the intricacies that come with FORCE and everything affected by it (joints/muscles)(injuries/exercise/rehab) this book is what everyone with muscles should KNOW, very in depth explanations and demonstrations about structure of all joints, why they move the way they move, how force affects joints and the functions of the muscles each of these joints.this version (1st edition) is the easiest one to read (language simplicity)HIGHLY, VERY HIGHLY recommended

This book really breaks down everything I needed to know about joint biomechanics - and more than I even wanted to know! I would selectively read the bits and pieces I needed to know and leave the rest for a time when I really just want to go the extra 2 miles. I think it's well written and worth the purchase if this is your area of study

This is the best book on joint structure and function, hands down. I have used it in giving me a better understanding on joint physiology, for my massage class and physical therapy training.

Book for first year PT students. Probably one of the most tedious books, students have to read during their careers. NOT FUN.

The book is very comprehensive and detailed. I would recommend it anyone who is in the Physical Therapy field. The book layout diagnoses a problem then helps you to find the best program for treatment,

It's a great book for learning the basics of joint function. E definitely recommend it. I just wish there were more books like it.

Studying to become an Osteopath. Very pleased with this book. Shall be a resource for years to come.

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